

CAMPUS FRANCE wishes you welcome and offers you some practical information for making your stay in Orléans as easy as possible



TO WELCOME YOU

There are several different systems and services for welcoming you and helping you in your administrative procedures when you arrive:

Ask for a student sponsor to meet you in Orléans: buddysystem.eu/choose

Discover the reception facilities in Orléans: <http://www.campusfrance.org/fr/page/orleans>

• Maison de l'étudiant (Student's Centre)

2 Rue de Tour - 45000 Orléans
Students' Living Services - ☎ 02 38 24 27 00
Open Mondays to Fridays, from 9:00 am to midday and 1:00pm to 4:30 pm
Reception, assistance in your administrative procedures, help in finding accommodation, insurance, residence permits etc.

• For receiving researchers: <http://www.euraxess.fr/fr/centre-de-services-par-region>

Two services are available for welcoming you in all the Universities and Higher Education Schools:

The International Relations Service: reception and guidance office

The Educational Service: inscription and administrative procedures office

TRAVEL

Public transport in and around Orléans:

🚆 Train, bus and tram services, the TAO network offers passes for young people under 26 years old. The Moda Pass card can be used for all means of transport. Monthly or yearly season tickets: www.reseau-tao.fr

🚊 Travel by train to and from the towns in the region can be done with the bus network: www.orleans-agglo.fr/tram-bus-car

🚲 Vel'Tao monthly or annual season tickets for cycle rentals – Special rates for under 26-year-olds: www.reseau-tao.fr/velo

FINDING ACCOMMODATION

For several days

- Youth Hostels: www.aubergesdejeunesse.com - www.fuaj.org
- Hotel residence: www.adagio.com - www.citadines.com

For longer periods

- The CROUS – Centre Régional des Œuvres Universitaires et Scolaires (Regional Centre for University or College Activities):
Espace Vie Etudiante - Hall du Forum – Maison de l'étudiant
2 rue de Tours - 45072 Orléans Cedex 2 - ☎ 02 38 24 27 00
Open Mondays to Fridays, from 9:00 am to midday and 1:00 pm to 4:30 pm
www.crous-orleans-tours.fr

More accommodation solutions in private homes, intergenerational accommodation and flat-sharing, both short and long duration, available on the Campus France website: www.campusfrance/logement.org

- Ask for the CLE! You need a guarantor? The “Caution locative étudiante” (Student Rental Guarantee) guaranteed by the state makes it easier for students to find accommodation when they have no personal guarantor: www.lokaviz.fr
- La Caisse des Allocations Familiales CAF (French family allowance fund) can evaluate your rights to APL (Personal Accommodation Assistance)
☎ 0810 29 29 29 - www.caf.fr
- If you need accommodation suitable for disabled persons, contact the CROUS Social Service or visit the student services office in your educational establishment.

Home insurance

A tenant's risk guarantee is compulsory. A home insurance contract can be drawn up with your bank or a private insurer and on-line subscriptions are often possible:
www.mep.fr/Mon-assurance-habitation - www.lmde.com/assurances - www.assistance-etudiants.com - www.assurances-etudiants.com

YOUR BANK ACCOUNT

If you are staying in France for over 3 months, we strongly recommend you to open a bank account. A large number of traditional and on-line banks are available.

Opening a bank account is a right: www.service-public.fr/particuliers/vosdroits/N98

RESIDENCE PERMIT

- The OFII: Office Français de l'Immigration et de l'Intégration (French Immigration and Integration Office): www.ofii.fr
OFII - Direction territoriale - 43 avenue de Paris - 45000 Orléans - ☎ 02 38 52 00 34
- You have just arrived in France with a VLS-TS long-stay students' visa. You must validate it at the OFII within three months of your arrival in France.
- Algerian students, you must make an initial application for a residence permit directly at Prefecture Services and personally deposit your file at the one-stop counter located at the international reception **Welcome desk**.
- **Renewing a residence permit:** the application for renewal must be made at least 2 months before the date of expiry of your existing permit.
More information available at the Prefecture or on its website:
Préfecture du Loiret: www.prefectureloiret.fr

For more information on your rights and duties, visit:
www.service-public.fr/particuliers/vosdroits/N110



UNIVERSITY INSCRIPTION

You possess a letter of pre-inscription. Take care! This does not mean that you are already registered! You must validate your inscription with the admissions service of your establishment when you arrive.

- French Government grant holders: you are exempted from paying inscription fees at the university as well as the subscription to the students' social security scheme.
- French Government scholarship holders over 28 years old managed by Campus France: you are automatically affiliated to the Campus France Insurance Scheme including civil liability.



HEALTH INSURANCE AND MEDICAL CARE

Affiliation to a health insurance scheme is compulsory. You will find all necessary details on: www.campusfrance.org/fr/page/le-systeme-de-sante

- **Service Universitaire de Médecine Préventive et de Promotion de la Santé (University Preventive Medicine and Health Promotion Service or SUMPPS)**
Médecine préventive "Jean Zay" - 9 rue de Tours - 45072 Orléans cedex 2
☎ 02 38 41 71 79 - @ sumpps@univ-orleans.fr - www.univ-orleans.fr/vie/sumpps
Mondays to Fridays, from 8:30 am to 5:00 pm

Consultations free-of-charge. Personal advice, questions of health: a team of doctors, nurses and social workers is present to help you complete your studies under the best possible conditions.



LANGUAGE COURSES

French Foreign Language Centres (FLE) and universities offer French courses for all levels throughout the year.

Look for the formula that suits you best: www.coursdete.campusfrance.org



SOCIAL AND CULTURAL LIFE

You will find a large number of activities at reduced prices for students in your city or your establishment. Here are a number of examples:

- **Associations:** Cultural and sport events or even social actions. There are many student associations: www.animafac.net - www.letudiant.fr
- **Employment and internship:** www.cidj.com - www.jobaviz.fr
- **Culture:** the city of Orléans proposes a large number of activities: theatre, museums and cinema. Take the time you need for getting all the information you require: www.orleans-agglo.fr - www.45.agendaculturel.fr/orleans - www.orleanspoche.com
Museums: Reduced prices for students of under 26-year-olds. Free entrance on the first Sunday of every month: <http://musees.regioncentre.fr/musee-des-beaux-arts-d-orleans>
Cinema: Reduced prices for students of under 26-year-olds. Benefit cards and unlimited access: www.cinemasgaumontpathe.com
Theatre / Opera: www.theatredorleans.fr

- **Sport and leisure:** Schools and Universities can offer privileged access to several sports activities. The city of Orléans also proposes a range of activities accessible to all: www.orleans.fr/sports

Main annual events

Les Journées du Patrimoine (National Heritage Days) - September
www.journeesdupatrimoine.fr

La Nuit des Étudiants du Monde (World Students Night) - October
www.nuitdesetudiantsdumonde.org

La Semaine de la Francophonie (The Francophonie Week) - March
www.education.gouv.fr/francophonie

La Nuit Européenne des Musées (The European Museum Night) - May
www.nuitdesmusees.fr

La Fête de la Musique (the Music Festival) - June 21st



SOCIAL NETWORKS

- Campus France is present on social networks for giving you information on news and events throughout France.



www.facebookcampusfrance.fr



www.twitter.campusfrance.fr

- Join the www.francealumni.fr social network straight away
Exchange with students on the same course as you
Take part in theme discussion groups
Benefit from cultural outings just as soon as you arrive in France
Consult employment offers and courses

EMERGENCY NUMBERS

SAMU No. 15* Emergency medical help services.

Police emergency No. 17* Violence, thefts and burglaries.

Fire-brigade No. 18* Fires, gas leaks, water damage, natural catastrophes and road accidents.

Poison control centre No. 05 61 77 74 47 Intoxication by food, medication, chemicals (may be caused by a gas) or natural products (may be caused by a plant or an animal).

European emergency number No. 112* Situations requiring an ambulance, the fire-brigade or the police. Available free-of-charge throughout the European Union from fixed or cellular phones. This number does not replace national emergency numbers.

* *Free-call numbers*