My City

CAMPUS FRANCE wishes you welcome and offers you some **practical information for making your stay in Paris as easy as possible.**

WELCOME TO PARIS

CAMPUS FRANCE
campusfrance.org

TO WELCOME YOU /

There are several different systems and services for welcoming you and helping you in your administrative procedures when you arrive:

Ask for a student sponsor to meet you at Paris:
www.buddysystem.eu

Discover the reception facilities in Paris:
www.campusfrance.org/paris

- Service d'Accueil des Etudiants Etrangers (SAEE or Foreign Student Reception Service): www.ciup.fr/saee – CIUP Cité Internationale Universitaire de Paris – 17 boulevard Jourdan 75014 Paris – RER B or Tram T3 Bus 21,88, 67 – station Cité Universitaire
  Presence of the Prefecture and the OFII, services provided by the CAF (family allowance fund), the DIRECCTE (Regional directorate for companies, competition, consumption, work and employment), student mutual insurance companies, the CPAM (French National Health Insurance) and the RATP (Paris public transport). Information on daily life.
- A student in Paris: Parvis de l'Hôtel de Ville
  The student rendezvous at the beginning of the academic year. September 6 – 7 and 8 from 9:30 am to 6:30 pm – etudiant-a-paris.strikingly.com

Two services are available for welcoming you in all the Universities and Higher Education Schools:

The International Relations Service:
reception and guidance office

The Educational Service:
inscription and administrative procedures office

You can also consult the website etudiant.gouv.fr

FINDING ACCOMMODATION /

FOR SEVERAL DAYS:

- Hotel residence:
  www.adagio.com – www.appartcity.com
- Youth hostels: www.aubergesdejeunesse.com
  www.fuaj.org – www.fiap.asso.fr
  www.bvjhostelparis.com
  www.generatorhostels.com

TRAVEL

Public transport in and around Paris:

For getting to Paris from the different airports:
From Orly : www.parisaeroport.fr/paris-orly/transports-en-commun
From Roissy : www.parisaeroport.fr/paris-charles-de-gaulle/transports-en-commun
From Beauvais : www.aeroportbeauvais.com/bus.php

RER and tram in Paris and the Ile de France area:
www.ratp.fr
If you are staying for several months, request the Pass'Navigo: www.navigo.fr

The Transilien, for travelling in the Ile de France area:
www.transilien.com

Vélib' for travelling by bicycle:
www.velib.paris

Autolib proposes handy electric cars:
www.autolib.eu.fr

FOR LONGER PERIODS:

- **The CROUS** – Centre Régional des Œuvres Universitaires et Scolaires (Regional Centre for University or College Activities): Paris CROUS 39 avenue Georges Bernanos – 75005 Paris
  www.crous-paris.fr

More accommodation solutions in private homes, intergenerational accommodation and flat-sharing, both short and long duration, available on the Campus France website: www.campusfrance/logement.org

- **Ask for the CLE!** You need a guarantor? The "Caution locative étudiante" (Student Rental Guarantee), guaranteed by the state, makes it easier for students to find accommodation when they have no personal guarantor www.lokaviz.fr
- **CAF:** La Caisse des Allocations Familiales (French family allowance fund) can evaluate your rights to APL (Personal Accommodation Assistance) 0810 29 29 29 – www.caf.fr
- **If you need accommodation suitable for disabled persons,** contact the CROUS Social Service or visit the student services' office in your educational establishment.

- **Home insurance:** a tenant's risk guarantee is compulsory. A home insurance contract can be drawn up with your bank or a private insurer and on-line subscriptions are often possible:
www.smerep.fr/assurances/logement
https://www.lmde.fr/
www.assistance-etudiants.com
www.assurances-etudiants.com

YOUR BANK ACCOUNT /

If you are staying in France for over 3 months, we strongly recommend you to open a bank account. A large number of traditional and on-line banks are available.

OPENING A BANK ACCOUNT IS A RIGHT:
www.service-public.fr/particuliers/vosdroits

RESIDENCE PERMIT /

- **OFII** Office français de l'Immigration et de l'intégration (French Immigration & Integration Office):
www.ofii.fr – 48 rue de la Roquette – 75011 Paris
- You have just arrived in France with a VLS-TS long-stay students' visa. You must validate it at the OFII within three months of your arrival in France.
- Algerian students, you must make an initial application for a residence permit directly at Prefecture Services.
- Renewing a Residence permit: any application for renewal must be made at least 2 months before the date of expiry of your existing permit:
www.prefectureparis.fr

For more information on your rights and duties, visit:
www.service-public.fr/particuliers/vosdroits/N110

UNIVERSITY INSCRIPTION /

You possess a letter of pre-inscription. Take care! This does not mean that you are already registered! You must validate your inscription with the admissions service of your establishment when you arrive.

- French Government grant holders: you are exempted from paying inscription fees at the university as well as the subscription to the students' social security scheme.
- French Government scholarship holders over 28 years old managed by Campus France: you are automatically affiliated to the Campus France Insurance Scheme, including civil liability.

HEALTH INSURANCE AND MEDICAL CARE /

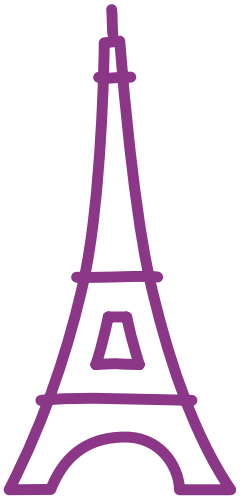
Affiliation to a health insurance scheme is compulsory. You will find all necessary details on: www.campusfrance.org/fr/page/le-systeme-de-sante

- **University Preventive Medicine and Health Promotion Service** (SUMPPS): Centre de santé des Saints-Pères – 15 rue de l'École de Médecine 75006 Paris – 01 40 51 10 00
www.siumpps.parisdescartes.fr
Consultations free-of-charge. Personal advice, questions of health: a team of doctors, nurses and social workers is present to help you complete your studies under the best possible conditions.

LANGUAGE COURSES /

French Foreign Language Centres (FLE) and universities offer French courses for all levels throughout the year.

Look for the formula that suits you best:
www.coursdete.campusfrance.org



SOCIAL AND CULTURAL LIFE /

You will find a large number of activities at reduced prices for students in your town or city or in your establishment. Here are a number of examples:

- **Associations:**
Cultural and sports events or even social actions. There are many student associations:
www.ixesn.fr
www.animafac.net
- The association ESN Paris offers numerous activities for international students: Welcome Days, Language Cafés, cultural visits, evenings:
www.facebook.com/esn.paris/
- **Employment and internship:**
www.jobaviz.fr – www.cidj.com
- **Culture:**
The city of Paris proposes a large number of activities: theatre, museums, cinema. Take the time to get all the information you need:
www.paris.fr
- Museums: special rates for students or under 26-year olds. Entrance free-of-charge on the first Sunday of every month :
www.parisinfos.com/musees
- Cinema: special rates for students or under 26-year olds. Advantage card and unlimited access: www.mk2.fr
www.ugc.fr
www.cinemasgaumontpathe.com
- Concerts, Opera, Theatre: free-of-charge events and special rates:
www.parisinfo.com
www.parisconcertgratuit.com
www.operadeparis.fr
- Bookshops: buy books second-hand and re-sell them before leaving:
www.gibertjeune.fr
www.gibertjoseph.fr
www.boulinier.com
- **Sport and leisure:**
Colleges and Universities can also offer special access to different sports activities. The City of Paris also proposes a wide range of events accessible to all:
www.paris.fr/sport
- **Main annual events:**
- SEPTEMBER:
National Heritage Days
www.journeesdupatrimoine.fr
- OCTOBER:
World Students Night
www.nuitdesetudiantsdumonde.org
The Paris All-nighter
quefaire.paris.fr/nuitblanche
- MARCH:
The Francophonie Week
www.education.gouv.fr/francophonie
- MAY:
The European Museum Night
www.nuitdesmusees.fr
- JUNE:
The Music Festival
www.fetedelamusique.culturecommunication.gouv.fr/

EXCHANGE & SHARE

Exchange with students on the same course as you. Take part in **theme discussion groups.** Benefit from **cultural outings** just as soon as you arrive in France. Consult **employment offers and courses.**

SOCIAL NETWORKS

FRANCE ALUMNI.fr

EMERGENCY NUMBERS

SAMU No. 15*
Emergency medical help services.
Police emergency No. 17*
Violence, thefts and burglaries.
Fire-brigade No. 18*
Fires, gas leaks, water damage, natural catastrophes and road accidents.
Poison control centre No. 01 40 05 48 48
Intoxication by food, medication, chemicals (may be caused by a gas) or natural products (may be caused by a plant or an animal).
European emergency number No. 112*
Situations requiring an ambulance, the fire-brigade or the police. Available free-of-charge throughout the European Union from fixed or cellular phones.
This number does not replace national emergency numbers.
** Free-call numbers*

CAMPUS FRANCE PARIS
28 rue de la Grange aux Belles – 75010 Paris – Mondays to Fridays, from 9:00 am to 2.00 pm
+33 (0)1 40 40 58 58 – Access : Métro line 2 - station Colonel Fabien – www.campusfrance.org